Community Resources

Ingham County

General Resources and Referral Centers

Capital Area United Way

330 Marshall Street (Suite 203), Lansing, MI 48912

(517) 203-5000

<u>Services</u>: Provides information on resources for basic health and human services (counseling, health clinics, assistance programs), financial independence, and academic achievement

Salvation Army - Ingham County

525 N. Pennsylvania Ave, Lansing, MI 48912-1518

Citadel: (517) 484-4424 South Corps: (517) 394-6945

<u>Services</u>: Grocery/food vouchers, utility bill and rent assistance, housing and other general financial assistance, clothing and personal needs products, medical and healthcare programs

Cedar Community Health Center - Department of Human Services

5303 S. Cedar Street, Lansing, MI 48909

(517) 887-9400

<u>Services</u>: Financial assistance programs, food stamps, Medicaid, TANF, General Expense Assistance, emergency heating and utility assistance if disconnected

Childcare - Office for Young Children

5303 S. Cedar Street, Lansing, MI 48909

(517) 887-4319

(800) 234-6966

Services: Childcare referrals for Ingham, Eaton, Clinton, and Shiawassee counties

American Red Cross

1800 E. Grand River, Lansing, MI

(517) 484-7461

<u>Services</u>: Coordinates with area public shelters for shelter assistance, assistance with food and formula, referrals, and personal needs for unexpected emergencies

Health & Nutritional Needs

Care Free Medical Inc.

5135 S. Pennsylvania Ave, Lansing, MI 48911

(517) 887-5922

<u>Services:</u> Accepts patients with limited access or no insurance in Ingham and Jackson counties. Medical, dental, behavioral health, and optometry services.

Ingham County Food Bank

(517) 887-HELP (4357)

Services: Provides emergency food based on need once in a 30-day period

Greater Lansing Food Bank

Warehouse: (517) 908-3680 Admin office: (517) 853-7800 greaterlansingfoodbank.org

Check website for mobile food distribution hours

Services: Provides emergency food to individuals and families

MSU-Extension Nutrition Education Program

(517) 887-4588

<u>Services:</u> A free program assisting people in making economical and healthy food and activity choices based on individual's interests and needs

Salvation Army Food Pantry

517.484.4424

<u>Services:</u> Pantry; heating bill and utility assistance; personal needs; rental and housing assistance; childcare

Housing & Employment Assistance

Haven House

121 Whitehills Dr., East Lansing, MI

(517) 337-2731

<u>Services:</u> A shelter for families with children of all ages which provides case management, goal planning, Family Life Program

Ingham County Michigan Department of Human Services

5303 South Cedar St., Lansing, MI 48909

(517) 887-9400

<u>Services:</u> Employment and homeless prevention, funding for bill payment (food, rent, etc.), child and adult human services

Gateway Community Services

4287 Five Oaks Dr., Lansing, MI 48911

(517) 882-7217

Services: Pro-bono; domestic violence and family and juvenile law

Council Against Domestic Assault

(517) 318-1926

Services: Pro-bono; domestic violence and family law

North Westminster Presbyterian Church and the Advent House Ministries

743 North Martin Luther King Blvd., Lansing, MI 48915 (517) 485-4722

<u>Services:</u> Transitional housing for Ingham County families for up to one-year, day shelter, employment training program (after 30-days a monthly program fee is instated).

New Hope Community Health Center

430 North Larch St., Lansing, MI 48912

(517) 887-4400

Hours: Mon-Fri 8am-5pm

Services: Advice, counseling, financial aid for first month rent assistance, transitional housing

placement, referrals

Capital Area Community Service (CACS)

1301 Rensen St., Lansing, MI 48910

(517) 393-7077

<u>Services</u>: Offer life skills workshops, rental assistance, emergency services, homeless program, supplemental food program (*must go to DHS first)

Rural Ingham Service Center

218 E. Maple St., Mason, MI 48854

(517) 676-1065

<u>Services</u>: Home ownership, food programs, homeless assistance programs, Head Start, weatherization, senior information and assistance

Homeless Toll-Free Hotline for Michigan

(800) 274-3583

Michigan Works

2100 S. Cedar St., Lansing, MI 48910

(517) 492-5500

Mon-Fri 8am-5pm

www.michiganworks.org

<u>Services:</u> Career planning, assessment, consultation, computer training, employment related clerical services, resume assistance, youth program.

Unemployment Resources

Michigan Department of Labor and Economic Opportunity

43015 Hayes Rd, Sterling Heights, MI 48313

866.500.0017

https://www.michigan.gov/leo/0,5863,7-336-94422_97241_89980---,00.html

Services: Provides a portal to apply for unemployment benefits.

Clothing and Household Goods

Salvation Army Family Store

2655 E. Grand River Ave, East Lansing, MI 48823

(517) 483-2785

Hours: Mon-Sat 9am-9pm, Sun 1-6pm

Goodwill Industries

350 Lansing St, Charlotte, MI 48813

(517) 541-2455

Hours: Mon–Sat 10am–8pm, Sun 12–5pm

6250 S. Cedar St, Lansing, MI 48911

(517) 393-4908

Hours: Mon-Sat 10am-8pm, Sun 12-5pm

1161 E. Clark Road, Suite 102, Dewitt, MI 48820

(517) 669-2914

Hours: Mon-Sat 10am-8pm, Sun 12-5pm

556 N. Cedar St, Mason, MI 48854

(517) 244-9306

Hours: Mon-Sat 10am-8pm, Sun 12-5pm

5353 W. Saginaw Hwy., Lansing, MI 48917

(517) 323-1167

Hours: Mon-Sat 10am-8pm, Sun 12-5pm

Lansing Habitat for Humanity ReStore

1941 Benjamin Dr., Lansing, MI 48906

(517) 374-6235

Hours: Tues-Fri 10am-6pm, Sat 10am-2pm

Volunteers of America Thrift Store

5411 S. Cedar St., Lansing, MI 48911

(517) 272-3126

Hours: Mon-Sat 9am-9pm, Sun 10am-7pm

3800 W. Saginaw, Lansing, MI 48917

(517) 703-9088

Hours: Mon-Sat 9am-9pm, Sun 10am-7pm

Cristo Rey Community Center

1717 N. High, Lansing, MI 48906

(517) 372-4700

<u>Services</u>: Provides handicapped service program, senior programs, assistance with clothing, household items, food, and furniture, after school programs, and medical assistance. Medical care, mental health services, food, and financial counseling.

Mason First United Methodist Church

201 E. Ash St., Mason, MI 48854

(517) 676-9449

Hours: Open 1st Tuesday of every month 2-3:30pm or by appointment

<u>Services</u>: Provides clothing and limited household goods.

Women's Center of Greater Lansing

1710-1712 E. Michigan Ave, Lansing, MI 48912

(517) 372-9163

<u>Services</u>: A free clothing closet with work attire for women, personal counseling, employment assistance, support groups

Safety and Shelter

National Domestic Violence Hotline

(800) 799-SAFE (7233)

National Sexual Abuse Hotline (RAINN)

(800) 656-HOPE (4673)

Eve, Inc

Lansing, MI 48901 (517) 372-5976

(517) 372-5572 (24-hour crisis line)

<u>Services</u>: 24-hour crisis line, emergency shelter with temporary safe housing, meals, and personal care, advocacy services, children's program, support groups, counseling programs

Michigan State University Safe Place

(517) 355-1100

<u>Services</u>: Support services including advocacy, shelter, individual counseling, support groups, 24-hour support

City Rescue Mission of Lansing

2216 S. Cedar St., Lansing, MI 48910 (517) 485-0145

<u>Services</u>: Food and shelter for single women and women with children for 21 days, case management, GED preparation, referrals (no boys over 12 years)

Counseling Services

Michigan State University Counseling Center

(517) 355-8270 (24/7 Crisis Line)

Michigan State University Psychological Clinic

(517) 355-9564

Eve Inc.

(517) 372-5572 (24/7 crisis line)

Community Mental Health Authority of Clinton, Eaton, and Ingham Counties

812 E. Jolly Rd., Lansing, MI 48910

(517) 346-8318

Crisis Line: (517) 346-8460

Services: Mental health and substance abuse services.

Sparrow Behavioral Health

1210 W. Saginaw Street, Lansing, MI 48915

(517) 364-7700

<u>Services:</u> Provides or coordinates resources for individuals experiencing an emotional or psychological crisis, psychiatric illness, or substance addiction

Veterans Services

Michigan Veterans Affairs Agency

222 N. Washington Sq. 5th Floor, Lansing, MI 48933

Ingham County Dept. of Veteran Affairs

5303 S. Cedar Street, Lansing, MI 48911 (517) 887-4331

<u>Services</u>: VA health care, Property Tax exemption, VA compensation, VA disability pensioin, home loan guaranty, small business and employment resources, and education